

TRAINING VENUE
RIVERSIDE HIGH SCHOOL
HAWTHORNE ROAD
THREE RIVERS

Thank you so much for enquiring about our club. We offer flexible times for training as shown below. Please note that in order for your child to progress it is preferable if they attend practice at least twice a week.

Beginners can wear shorts (not below the knees please), a t-shirt and white socks, if you don't want to invest in the club attire and white gymnastic shoes immediately.

CLASS DAYS & TIME

VEREENIGING		
DAY	DURATION	CLASS TIMES
MONDAYS		
TUESDAYS	60 MINS	Not at the moment
	90 MINS	3.30PM TO 5.00PM
	90 MINS	4.30PM TO 6.00PM
WEDNESDAYS	60MINS	
	90 MINS	
THURSDAYS	60 MINS	2.00PM TO 3.00PM
	90 MINS	3.00PM TO 4.30PM
	90 MINS	4.00PM TO 5.30PM

WE OFFER ONE FREE ASSESSMENT LESSON ON EITHER A TUESDAY AT 3.30PM OR A THURSDAY AT 3.00PM
SO PLEASE BRING YOUR CHILD TO TRY OUT, BEFORE COMMITTING YOURSELF TO ANYTHING